Newsletter

Sturminster DENTAL CARE

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Welcome to the next edition of our practice newsletter. As well as keeping you informed of any changes happening at the practice, there is also some helpful information on some of the services we offer.

Taking responsibility for our environment

We all have a responsibility for the future of our planet, and as a practice we take our responsibilities as a waste producer extremely seriously, and are committed to reducing the amount of waste that ends up in landfill. We operate a waste hierarchy system with the aim of re-using and recycling as much as possible, sending only the minimum amount to landfill. Obviously, within the constraints of the nature of our business and current legislation, all waste produced in the treatment of patients has to be collected by our clinical waste provider and incinerated.

We have eliminated some of our single use plastics that are used in the treatment of patients i.e. plastic instrument trays have been replaced with metal autoclavable instrument cassettes. We understand that there is still work to be done in this area, and will look at all new possibilities as they become available from our dental wholesaler.

All other trade waste generated at the practice is sorted into recyclable waste and waste for landfill, and we have a 40 litre wheelie-bin on site for recycling cardboard, paper, plastics and tins.

We are also registered with a recycling company called Terracycle who are able to recycle crisp packets (with 17 staff members we get through a lot of crisps!) and are currently on their waiting list to become a registered public collection point for all discarded oral health products (i.e. toothbrushes, toothpaste tubes and mouthwash bottles).

We have also teamed up with Tepe and have a collection bin in the practice where patients can dispose of their Tepe products which can then be sent for re-cycling.

You may have concerns regarding the amount of plastic and packaging that is used by the suppliers of our sundry items. Plastics are widely used throughout the healthcare industry as it is regarded as a safe and hygienic material. Whilst it remains the safest and most hygienic material for many of our sundry products we carefully consider the impact this has on our environment.

All of our sundry items are carefully chosen by our clinical team as they are considered to be the best products on the market for maintaining and improving the oral health of our patients, but we

also consider whether the products and their packaging are recyclable.

Colgate Palmolive has indicated that they plan to have a 100% recyclable portfolio of their home, pet and personal care products by 2020. Currently, 86% of all Proctor and Gamble products (Oral B products) are recyclable and they plan to increase this to 90% by 2030.

As a practice, we will of course continue to do everything we can to make our practice as environmentally friendly as possible.

Exam Success

Our congratulations go to our newest practice member Megan who has recently passed her Dental Nursing examinations and is now a fully qualified Dental Nurse. We are very proud of her achievement; she is a great asset to the practice.

Dental Nurse Megan

Invisalign

Do you long for straight teeth, but hate the thought of braces?

invisalign®
The Clear Alternative to Braces

Invisalign is the clear alternative to conventional braces. Invisalign's invisible, removable aligners allow you to transform your smile without disrupting your life, and because the aligners are nearly invisible, almost no-one can tell you are wearing them! Over 6 million people worldwide have straightened their teeth with Invisalign. Could you be next?

We now offer a wider range of Invisalign orthodontic services including Invisalign Lite; designed for less complex cases resulting in a shorter treatment period, and Invisalign i7 developed for people requiring minor tooth corrections such as slight overcrowding or a crooked front tooth. If you have been considering straightening your teeth, why not book a consultation to see whether Invisalign is the right treatment option for you?

During the consultation, we will tell you a bit about how Invisalign works, and discuss what you wish to change about your smile, show you patients who have already achieved their goals, and answer any questions you have. We will then see if Invisalign would be a suitable treatment for you, and discuss how we can improve your smile and embark on your journey to a new, more confident you.

Prices for Invisalign start from only £1,950.00 and we offer a range of payment options to make your new smile affordable. For more information on the Invisalign range, please ask a member of our team.

Invisalign's removable aligners

A berry good fact!

A new study shows how a handful of dark-coloured berries a day may lower the risk of tooth decay,

Scientists have found that nutrients in cranberries and blueberries can be highly effective in protecting the teeth against a strand of bacteria responsible for accelerating tooth decay.

These natural compounds, known as polyphenols, help fend off harmful bacteria in the mouth.

The study supports previous research by suggesting these are good for oral health by preventing 'bad bacteria' from sticking to the teeth and gums.

This could help reduce tooth decay, plaque and gum disease.