



The Creamery  
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## Private Price List



BDA Good Practice  
CELEBRATING 16 YEARS Member

## August 2020

### WELCOME TO OUR PRACTICE

May we extend a warm welcome to our practice.

We take great pride in the quality of our dentistry and want to make your visits a pleasant experience. Our aim is good dental health for you and your family through preventive dentistry. That means giving you regular dental advice and helping you to understand how to care for yourself to reduce the need of treatment.

### DENTAL EXAMINATION

This is a routine examination of the whole mouth to assess your treatment needs. It is undertaken by the dentist, and it is recommended that this should be done regularly, the interval between examinations will be discussed with you.

The examination includes a full assessment of the teeth, screening for periodontal (gum) disease and assessment of the soft tissues of the mouth. (The dentist looks at the lips, cheeks, tongue and the roof of the mouth checking for any lumps, bumps, ulcers, swellings, red or white patches that could be a sign of some under-lying problem).

**First Clinical Examination as a new patient to the practice** £ 58.30

**Regular Clinical Examination** £ 44.60

**Recommended every 6 months**

**Consultation Charge** £ 45.20

It may be necessary for the dentist to take some x-rays to detect problems which cannot be seen with the eye.

**Small X-Ray** £ 15.30

**Panoral (Large) X-Ray** £ 48.30

Once your dental examination is complete the dentist will be able to inform you whether you need any further treatment.

### MISCELLANEOUS

**Study Models** £ 44.30

### THE ROLE OF A DENTAL HYGIENIST AND ORAL HEALTH EDUCATORS

The Hygienist's role within the dental profession is the assessment, treatment and monitoring of periodontal disease (often referred to as gum disease), which affects over 90% of the British adult population, and results in more teeth being lost than through tooth decay.

We carry out a full gum assessment as part of your routine dental treatment to determine how

healthy the gums are. We do this by measuring the depth of the pockets around each tooth. Our hygienists can remove any plaque that has formed above and below the gum line and remove any hard calculus (tartar). Our Hygienists or Oral Health Educators will then show you the most effective ways of brushing your teeth and gums to keep them healthy and to reduce the build up of plaque at the gum margins and to prevent any further development of gum disease.

### PREVENTION AND GUM HEALTH

**Scale and polish to maintain periodontal health** from £ 62.20

**Extensive treatment of active periodontal disease** from £ 89.90

**Prolonged treatment of active periodontal disease** from £ 152.10

### FILLINGS

Decayed teeth can usually be repaired with a simple filling.

The dentist removes all of the decay from the tooth using a high speed drill and then places a new filling into the prepared cavity.

Amalgam is still often the dental restorative material of choice due to its strength and durability. It is made up of an alloy which contains silver, tin, copper and zinc. The alloy is mixed with a quantity of mercury to produce amalgam.

Dental composites (white fillings) have been used for restoring teeth since the 1990's. They were originally only used for restoring front teeth. However, in recent years, composite technology and techniques have improved significantly that they are now often used to restore the back molar teeth. Composites can be made in a wide range of tooth colours allowing near invisible restoration of teeth. Also, composites are "bonded" to the tooth which strengthens the tooth's structure.

**One surface Amalgam Restoration** £ 75.40

**Two surface Amalgam Restoration** £ 93.60

**Three surface Amalgam Restoration** £ 116.10

**One surface Composite Restoration** £ 76.90

**Two surface Composite restoration** £ 99.50

**Three surface Composite Restoration** £ 120.40

**Glass Ionomer Restoration** £ 76.90

### WHITE FILLINGS ON BACK TEETH

**One surface Composite** £ 96.40

**Two surface Composite** £ 119.10

**Three surface Composite** £ 161.80

### TOOTH WHITENING

Tooth whitening has become increasingly popular over recent years. It is a popular choice for patients who are looking to improve their smile without major invasive treatment.

We are pleased to offer "Opalescence" the leader in tooth whitening systems at the practice.

**Opalescence Whitening treatment** £ 399.00

### ROOT FILLING

Root canal therapy is the treatment of a tooth which has an abscess or has had some type of trauma. Two visits are normally necessary. Using a series of small flexible instruments the dead pulp tissue is removed from the inside of the tooth. When the inside of the tooth is cleared of all debris, cleaned and dried, the area is filled with a rubber like material called Gutta-Percha to seal the void inside the tooth.

**Incisors / Canines Root Canal Therapy** £ 275.50

**Lower Premolars Root Canal Therapy** £ 306.20

**Upper Premolars Root Canal Therapy** £ 366.70

**Molar Root Canal Therapy** £ 423.40

**Apisectomy** From £ 384.10

### EXTRACTIONS

We always endeavour to save a tooth wherever possible; however there are times when there is no alternative but to have a tooth extracted. An extraction will only be recommended when all other treatment options have been explored and discussed with you.

**Extraction of one tooth** £ 72.20

**Each subsequent tooth during the same Treatment** £ 35.80

**Surgical Extractions** From £ 169.80

### MISCELLANEOUS

**Smoothing a tooth** £ 16.30

**Treatment of sensitivity** £ 19.10

**Treatment of acute infected conditions** £ 32.20

**Reimplantation of luxated tooth** £ 209.10

**Arrest of haemorrhage** £ 71.00

**Removal of sutures** £ 25.70

**Treatment of an infected socket** £ 30.30

## CROWNS & BRIDGES

A crown restores the natural appearance and function of a tooth if it is broken down, mishaped or discoloured. Crowns usually come in two forms. A jacket crown is made to fit over the prepared natural crown of the tooth. A post crown replaces the entire crown of the tooth. The post slots into the root of the tooth with the crown attached.

Most crowns are made of a gold/nickel alloy with a porcelain surface.

A bridge is a method of replacing one or more missing teeth with a porcelain false tooth. The false tooth is permanently attached to the adjacent natural teeth.

There are many different types of bridges all using the same principles to replace missing teeth on a permanent structure.

Both techniques requires two appointments. The first appointment is for the preparation and a temporary crown is fitted while the permanent crown or bridge is being made. The second appointment is for the crown or bridge to be cemented into the mouth.

**Porcelain Bonded to metal depending on the materials specified.** £ 539 - £ 577  
**Gold.** £ 367 - £ 536  
**Cast metal post and core.** £ 108.90  
**Metal wing for adhesive bridge.** £ 100.00

**Refixing a crown or bridge.** £ 66 - £ 109  
**Porcelain Veneer or inlay.** £353 - £ 577

## EMERGENCY TREATMENT

Emergency treatment and advice is available, outside our normal working hours, this is provided by a local rota of dentists in Sturminster Newton, Stalbridge, Shaftesbury and Sherborne. If you require emergency treatment, telephone the practice, then contact the number given by the answer phone.

**Recall to Practice fee.** £ 135.00

**Recall to the practice for Careplan patients is covered by the Worldwide Dental Emergency Assistance Scheme.**

## DENTURES

The purpose of dentures is to restore normal appearance and function when some or all of the teeth have been lost.

FULL dentures replace all of the teeth in the upper and lower jaw, or both. PARTIAL dentures replace some of the natural teeth in one jaw.

There are many different types of dentures both plastic and metal. Your dentist will be able to advise you of the most suitable one for you.

The dentist will need to see you for approximately four appointments in order to make dentures.

1. The dentist takes impressions of the patients mouth which are then sent to the laboratory.

2. Further impressions using specially constructed impression trays are taken and the dentist records how the patient bites together. A range of techniques are used to assess the hinge axis of your jaw joint to ensure that the teeth bite in the correct position.

3. Trial dentures prepared in wax are tried in the patients mouth and any adjustments are made.

4. The final denture is made and fitted into the patients mouth.

**Full upper and lower acrylic dentures depending on the teeth chosen.**

£ 845 - £951

**Full upper or Full lower acrylic denture.**

£ 599 - £659

**Partial acrylic denture.**

£ 481 - £676

**Chrome cobalt metal denture.**

£ 798 - £820

**Valplast flexible denture.**

£ 835 - £898

**Metal backing per tooth.**

£ 40.10

**Repair to a denture.**

£ 53.50

**Addition of a tooth or clasp.**

£ 78 - £ 137

**Relining (Hard)**

£ 130.10

**Relining (Soft)**

£ 148.70

**Gum Shield**

£ 71 - £ 85.20

## CHILDREN'S DENTISTRY

We always regard children as very special patients and do everything to make their visits as pleasant and enjoyable as possible.

Children are seen at the practice under a Maintenance Plan agreement or on a private fee per item basis. In both cases our aims for children are the same. We wish them to become proficient in the way they look after their teeth, and understand how to minimise the effects of dental decay and gum disease. Our Oral Health Educators can offer advice on all aspects of dental health, and this complementary service is available to all children.

At the dental examination the teeth are examined for any signs of decay, the health of the gums assessed and a careful watch is kept on how the whole mouth is developing. This is very important in case orthodontics (straightening of teeth with braces) is likely to be needed.

Fissure sealants are available to reduce the chance of decay.

**Fissure sealants** £ 22.10 per tooth  
**Fillings start from** £ 48.40 per tooth

## PROCEDURES FOR PAYMENT

You can choose to pay for your dental treatment in full at the beginning of your treatment, or spread the cost by paying in instalments, with the balance being due before, or at the latest, on the final visit.

We also offer several ways to help you budget for your dental treatment:-

- Our comprehensive Careplan covers all routine, preventive and restorative dental treatment (excluding laboratory bills) for a fixed monthly amount of between £17.44 and £53.77.
- Our Maintenance plan covers all routine and preventive treatment, with a 10% discount from our private price list on all other necessary treatment for a fixed fee of £18.71 a month.
- Our children's plans cover routine and preventive treatment, with up to a 25% discount from our private price list on all other necessary treatment for a fixed monthly amount of between £3.51 and £9.63.
- Worldwide Dental Emergency Assistance Scheme is included in all of our plans.
- We are also able to offer affordable interest-free and low-cost payment options for treatment plans over £500. *Sturminster Dental Care is authorised and regulated by the Financial Conduct Authority.*



# Sturminster Dental Care

## Our Code of Practice

- Put our patients' interests first and always act to protect them
- Respect our patients' dignity and choices
- Protect the confidentiality of patients' information
- Give patients' the assurance that the quality of dentistry will always be the best that we can produce
- Guarantee new fillings for 1 year, subject to satisfactory oral health, regular attendance and a lack of trauma or abuse
- Guarantee new crowns, bridges and dentures against faulty manufacturing or fitting
- Always seek to treat dental emergencies on the same day. Dental emergencies are defined as traumatic damage, dramatic swelling, haemorrhage and intractable toothache
- Introduce new technology when proven beneficial to patients dental care
- Use the very best materials
- Provide quality care in a clean, comfortable and welcoming environment
- Endeavour to understand and accommodate patients' needs
- Be pleasant, friendly and approachable at all times
- Employ the highest standards of cross infection control
- Continually audit our standards to ensure that we deliver the highest quality of patient care
- Maintain our professional knowledge and competence
- Be trustworthy

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Sturminster Dental Care is the trading name of Sturminster Dental Care Limited. Registered in England. Company number: 8964208.

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