

Newsletter



01258 473397 www.sturminsterdentalcare.co.uk

Issue 16 Spring 2016

Welcome to the next edition of our practice newsletter. As well as keeping you informed of any changes happening at the practice, there is also some helpful information on some of the services we offer.

Helen Butler BDS DPDS

It is with great sadness that we will be saying “good-bye” to Helen this year.


Helen will be retiring in May after an incredible 19 years at the practice.

To mark the occasion, the practice will be holding a retirement party for Helen on the afternoon of Wednesday 25th May, and everyone is welcome to join us and wish her well.


Please join us to wish Helen well in her retirement...

Wednesday 25th May 2016
2:00pm – 5:00 pm
‘Drinks and Nibbles’

The Creamery,
Station Road,
Sturminster Newton,
Dorset
DT10 1BD



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**HAPPY DAYS
ARE HERE AT LAST
THE DAYS OF
NINE TO FIVE
ARE PAST
I'VE WORKED
ALL MY LIFE AND
PAID MY DUES
NOW I'LL DO JUST WHAT
I CHOOSE!**

Helen will be joining one of Dentaids’ missions to Cambodia, bringing relief to people who are suffering due to a lack of dental care. Helen will be providing essential dental care in orphanages, schools and prisons in Phnom Penh and the outlying areas.



Dentaid volunteers working in Cambodia

We shall all miss Helen very much, and hope that she continues to pop in from time to time with her very popular home-made pizza bread and flapjacks!

Immediately after her retirement from the practice Helen will be volunteering for the international dental charity Dentaids before she “hangs up her drill” for good.

Since 1996, Dentaids has been working in over 70 countries across the world; donating equipment to dental clinics, delivering oral health education projects, dental engineer training and more recently, volunteering trips.

Helen has kindly asked that any donations towards her retirement be made to Dentaids so that they can continue to deliver their important work in some of the poorest parts of the world. More information can be found by visiting their website www.dentaid.org

Patients wishing to make a contribution to support this very worthwhile charity can do so using the donation box in reception, or go to <https://mydonate.bt.com/fundraisers/helenbutler1>



Oral Health Education

Having healthy teeth and gums means that we can eat well, speak clearly, and have a wonderful smile. As well as being good for our self-confidence, research shows that poor oral health can also be associated with poor general health conditions such as diabetes, heart disease and strokes. It can also be associated with premature or low birth weight babies.

Recent facts and figures from the forthcoming 2016 National Smile Campaign reveal that a third of children starting school have tooth decay. Tooth decay remains the most common chronic disease found in children, even though it is largely preventable.

Figures also reveal that around a quarter of adult's surveyed say that they have not visited the dentist for the past two years.

Teaching a child the importance of good oral care and setting up tooth brushing habits at a young age, is an investment in their health that will last a lifetime.

Here, at Sturminster Dental Care, our aim is to provide good dental health for the whole family through preventative dentistry, rather than just treat what continues to occur.

As well as our complimentary Dental Health Suite within the practice, run by our highly experienced team of Oral Health educators, we are also committed to providing increased oral health awareness within our community.



Oral Health Educator Katrina delivering a presentation at a local nursery school

Our Oral Health educators can visit groups such as Parent-craft Classes, Nursery Schools, Schools or Care Homes providing fun, informative, and interactive presentations covering all aspects of dental health including dietary advice and toothbrushing instruction. Alternatively, our new, larger premises mean that we can often hold these presentations for smaller groups here at the practice.

If you are interested in booking a visit for your organisation, please ask at reception where one of our friendly receptionists can arrange a convenient date and time for a presentation.

Careplan and Maintenance plan options

The practice continues to offer a wide range of dental payment plans to help enable you to budget for your dental treatment.

Our payment plans remain the best way of allowing you to budget for your dental treatment, and continue to offer value for money as well as helping you to avoid unexpected bills.

If you are interested in joining one of our dental payment plans please do not hesitate to ask your dentist who can advise you of the most suitable option for you and how much your monthly premium would be.

Children's plans start from only £3.00 per month, and there is no registration fee for children joining our payment plans.

Our Promise and Commitment.

We are committed to providing you with a quality service, and are always seeking to improve upon the services that we offer.

By registering for our online services, you can not only book your appointments online, but also give feedback each time you visit the practice. You can register for our online booking system by visiting our website at www.sturminsterdentalcare.co.uk or by giving your email address to one of our receptionists.

And finally, thank you for all of your positive comments and compliments about your experiences of the new practice, we really appreciate them.

Remember, if we please you – take one of our business cards from reception, and tell your family and friends about us. If we don't please you – tell us!

