

Newsletter



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Welcome to the next edition of our practice newsletter. As well as keeping you informed of any changes happening at the practice, there is also some helpful information on some of the services we offer.

Wedding Congratulations!

Huge congratulations to Francesca and Josh on their wedding day earlier this year! Thank you so much for inviting us to be part of your special day. We all had a fantastic time; and Francesca - you looked like a princess!

We wish them a lifetime of happiness together. ❤️



Olga Sevcsenko DD

We are extremely delighted to welcome Dental Surgeon Olga Sevcsenko to the clinical team.

Olga is now available to see patients; both existing and new. With Olga joining the team, the practice is able to offer additional appointment availability as well as continuing to welcome new patients to the practice.

Olga is a highly skilled dental surgeon with over 35 years' experience in the dental profession practicing both paediatric and general dentistry. Olga qualified as a Doctor in Dentistry (DD) with honours from Ivano-Frankivsk National Medical University in Ukraine in 1984 and obtained her qualification recognition in 2000 in Budapest, Hungary.

We hope that Olga will be very happy at Sturminster Dental Care, and we are sure that she will be a valuable asset to the clinical team.



Olga Sevcsenko DD

Changes to the team

One of the things that patients comment on most is the long-standing team. Some of the team have been at the practice for over 25 years now; you know who they are!!

We know how important it is that patients are greeted with familiar faces each time they visit the dentist. It is a great comfort to patients, and also illustrates the underlying principles and ethics of the practice.

There have, however, been some changes to the 'Sturminster Dental Care Family' this summer.

We have waved goodbye to dentist Jessica, who has moved on to further her career as a dental surgeon, dental nurse Jodie who has relocated to another town and has secured a dental nursing role close to her new home, and dental nurse Sarah who has accepted a 'Practice Manager' position at another dental practice.

We shall all miss them all very much, and wish them every success in the future.

We also welcomed two new dental nurses to the team this autumn, and are delighted to introduce them to you.



New team members Julie and Nicky

Nicky has joined the team as a part-time dental nurse. She is very experienced and capable, with over 13 years' experience as a qualified dental nurse.

Julie also joined the team in November as a part-time dental nurse having recently returned to dental nursing after taking a break to have a family. She is very experienced with over 15 years' experience as a qualified dental nurse.

We hope that our new team members will enjoy their time at Sturminster Dental Care as we look forward to the future and the continued success of the practice.

The importance of Mouth Cancer Action Month



Mouth Cancer Action Month is a charity campaign which aims to raise awareness of mouth cancer and save lives by promoting the values of prevention and early detection.

In the UK, over 8,000 people were diagnosed with mouth cancer last year. This figure has increased by 49% in the last decade and by 135% compared with 20 years' ago.


That is why it is so important we all know what to look out for and that the early warning signs are recognised and checked early so that we can act on any unusual changes in the mouth as soon as possible.

Be Mouthaware
and look out for the signs and symptoms of mouth cancer

As mouth cancer can strike in a number of places, including the lips, tongue, gums and cheek, it's extremely important that we all know what to look out for.

- Ulcers which do not heal within three weeks
- Red & white patches in the mouth
- Lumps or swellings in the mouth or head & neck area
- If in doubt get checked out!

Early detection is crucial. If any of these signs are noticed, please tell your dentist or doctor immediately.

 Mouth Cancer Action
Oral Health Foundation

Mouth cancer can affect anybody and it's important that we all know what to look out for. Early detection could save your life. If you notice any changes in your mouth please speak to a dentist or doctor immediately.

Find out more at www.mouthcancer.org

If you notice anything out of the ordinary, don't hesitate to book an appointment with your dentist or doctor. Quick action is very often life-saving.